

Dear Patient,

You or your child will soon be coming to us for an operation.

**In preparing for this, we would like to ask you to please bring along the following documents etc. to the anaesthesia consultation:**

- Health insurance/supplementary insurance card
- Hospital referral note (pink form)
- Letter of referral from the referring doctor (yellow form)
- **Medication regimen**
- Information about pre-existing conditions
  - ➔ If available:
    - Medical reports
    - Pacemaker ID
    - Allergy pass
    - Anaesthetic passport
- Completed **anaesthetic form** and **coagulation questionnaire** (this will be sent to you)
- Completed questionnaire on hospital hygiene (this will be sent to you)
- For patients under a guardianship, we require a guardian to clarify matters regarding the anaesthesia (please bring guardianship document or care directive with you)

In addition to the anaesthesia clarification, a urological clarification will also be conducted along with any required preliminary examinations.

You can contact our patient management department at the number: +49 (0) 89 85693-2512

**Important rules of behaviour in the period leading up to the anaesthetic:**

**Before the surgery:**

- **Aspirin – ASS or other blood-thinning medications:**  
Stop taking in good time, only in consultation with the surgeon
- **Up to 6 hours before:**  
In the period leading up to the anaesthetic, **food** may be consumed, for instance in the form of a small meal.
- **Up to 2 hours before:**  
In the period leading up to the anaesthetic, drinking **clear fluids** is permitted.

**On the day of the operation:**

- Do not smoke, chew chewing gum or suck any sweets
- Oral medication: may be taken with a sip of water subject to consultation with a doctor until shortly before the anaesthetic.
- Please remove any dentures, contact lenses and jewellery
- Please note that no liability is accepted for lost valuables.

**Please inform the doctor administering the anaesthetic of the following:**

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If you or your child have consumed any food or drink etc. in the last 6 hours.

If there have been any changes to your state of health since your preliminary examination (cold, cough, tonsillitis, fever, etc.).

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